

# A.C.T.S Prayer

## *How To Pray:*

A = Adoration

*Tell God how wonderful He is;  
worship Him*

C = Confession

*Admit your sins, cry out your  
brokenness, ask for forgiveness*

T = Thanksgiving

*Say "thank you" for all God has  
done in your life*

S = Supplication

*Make your requests to God - for  
yourself and for others*